



Average - All Fitness by: Hr	2	15	56	9	4	5	7	24	3	2	4	9	3	1	0
Players	EAST	CR		Total (A	II CTRS)										
Tot Month	2547	1794		4341											
Per Day	84.9	59.8		144.7											
Avg Hr	5.7	5.0		10.6											